

Exclusive Charter

PREMIER
WORLD DISCOVERY



Wise & Healthy Aging presents
Highlights of the Douro with Spain

featuring 7 nights aboard the Riviera Rose

9 Days November 7, 2027



**BOOKING
DISCOUNT!**

Save \$200 per person
\$400 per couple*

*See Reservation Info for
Booking Discount details





Salamanca, Spain

9 Days Sunday, November 7, 2027 (Lisbon Pre-Tour Departs Friday, Nov 5)

Highlights of the Douro with Spain

Day 1 - DEPART US - OVERNIGHT FLIGHT (Sun., Nov. 7)

Day 2 - ARRIVE PORTO - VILLA NOVA DE GAIA - BOARD SHIP (Mon., Nov. 8)

Meet your PWD Tour Manager - Transfer to your ship

Board the **MS Riviera Rose** for your **7 Night Douro River Cruise**
Welcome Dinner onboard

⊗ (D) *Overnight - Riviera Rose*

Day 3 - PORTO - RÉGUA - QUINTA DINNER (Tues., Nov. 9)

Morning - **Porto City Tour**

Afternoon - Cruising through the landscapes of the Douro Valley

Arrive Régua - Dinner at **Quinta da Pacheca** with **Wine Tasting**

Ship overnights in Régua

⊗ (B, L & D) *Overnight - Riviera Rose*

Day 4 - RÉGUA - CASTELO RODRIGO - VEGA DE TERRON

(Wed., Nov. 10)

Morning - Cruising the Douro towards Pocinho

Afternoon - Visit the walled village of **Castelo Rodrigo**

⊗ (B, L & D) *Overnight - Riviera Rose*

Day 5 - VEGA DE TERRON - SALAMANCA, SPAIN (Thurs., Nov. 11)

Full Day - Motorcoach into Spain for a **Salamanca Walking Tour**

Lunch with a traditional **Flamenco Show** & Salamanca leisure time

⊗ (B, L & D) *Overnight - Riviera Rose*

Day 6 - QUINTA LUNCH - PINHAO (Fri., Nov. 12)

Morning - Cruising the Douro enroute to Pinhao

Lunch at **Quinta da Avesada** with **Wine Tasting**

Evening - Pinhao leisure time - Ship overnights in Pinhao

⊗ (B, L & D) *Overnight - Riviera Rose*

Day 7 - PINHAO - LAMEGO (Sat., Nov. 13)

Morning - **Lamego Tour**

Afternoon - **Mateus Palace Gardens**

⊗ (B, L & D) *Overnight - Riviera Rose*

Day 8 - PORTO - PICK YOUR EXCURSION (Sun., Nov. 14)

Morning - Cruising towards Pala & onto Porto - *Pick your Excursion*

- **Guimarães Tour** (late AM)** or **Port Cellar Wine Tasting (afternoon)**

Evening Onboard - **Gala Chef's Dinner & Folklore Music Show**

⊗ (B, L** & D) *Overnight - Riviera Rose*

Day 9 - PORTO - FLIGHT HOME (Mon., Nov. 15)

Transfer to the Porto Airport for your flight home

⊗ (B)

B-Breakfast, L-Lunch & D-Dinner

*Superior Drinks Package Included - During Lunch = 4 Wines, Beer, NA Beer,
Selection of Soft Drinks & Juices, Coffee & Tea included*

From 6 pm to midnight = Above Drinks plus House Spirits & cocktail of the day included

****Day 8 features a choice of two Excursions - lunch is not included if you choose the Guimarães Tour.**

CITIES & PORTS

PORTO & RÉGUA

Porto is on both sides of the Douro River, and its history and development are closely linked to the river. Porto is the second largest city in Portugal. Enjoy a panoramic **Porto City Tour**. Appreciate the stunning architecture, bell towers, baroque churches, and intricate tiles that are typical of traditional Portugal. Also dock in the charming town of **Peso da Régua**, visit the 126-acre **Quinta da Pacheca**, known as the first quinta to bottle wine under the name of its owner, the aristocrat Mariana Pacheco Pereira. Enjoy dinner accompanied by a selection of their wines. You will have an opportunity to wander through the 18th century estate.

CASTELO RODRIGO

Visit the historic 12th-century walled village of **Castelo Rodrigo**, tucked away in the picturesque highland ranges bordering Spain. The village is home to a well-preserved Gothic castle, a rare example of Leonese-style architecture. From Castelo Rodrigo, enjoy unobstructed views of the Spanish border and beyond.

SALAMANCA, SPAIN

Motorcoach into Spain to visit **Salamanca**, a city of dazzling beauty with extraordinary architectural treasures and rich tradition. The Salamanca Walking Tour includes the Old Town, a UNESCO World Heritage Site, the University, founded in 1218 and visit Salamanca's two cathedrals. Lunch is included with a traditional **Flamenco Show** followed by leisure time in Salamanca.

QUINTA DA AVESSADA & PINHAO

Enroute to Pinhao, visit & enjoy lunch with wine at **Quinta da Avesada**, an estate renowned for its amazing moscatel wines. This evening, arrive in the picturesque town of **Pinhão**, which sits on a bend of the Douro.

LAMEGO & MATEUS PALACE GARDENS

Enjoy a **Lamego Tour**, a small picturesque old town rich in history & charm. Its 18th century Cathedral Sanctuary is an important place of pilgrimage. The large cathedral overlooks the town from the hilltop & features an impressive staircase with 686 steps beautifully decorated with blue & white tile. Later explore the landscaped gardens of **Mateus Palace**. Wine aficionados will recognize the palace from the label of Mateus Rosé, whose logo depicts the impressive facade.

PICK YOUR EXCURSION - PORT CELLAR WINE TASTING OR GUIMARÃES

Day 8 allows you to choose a Port Cellar Wine Tasting in Porto or join the Guimarães Tour, known for its foundational role in Portuguese history. In Guimarães, visit the Paço dos Duques de Bragança. Once the home of the first Duke of Bragança, the palace has been beautifully restored. Lunch is not included if you choose Guimarães

Friday, Nov 5, 2027

Optional 2 Night Lisbon Pre-Cruise Extension

\$899 pp dbl +\$425 single supplement

FRIDAY, NOV 5 - DEPART US - OVERNIGHT FLIGHT

SATURDAY, NOV 6 - ARRIVE LISBON

Overnight - Lisbon

Arrive in Lisbon, meet your PWD Representative & transfer to your hotel for 2-nights.

SUNDAY, NOV 7 - LISBON SIGHTSEEING

(B) *Overnight - Lisbon*

Enjoy a Lisbon City Tour featuring the Moorish Alfama Quarter, Monument to the Discoveries and two UNESCO World Heritage sites, Belem Tower & Jeronimo's Monastery. The rest of the day is at leisure to enjoy this enchanting city featuring white limestone buildings, intimate alleyways and an easy-going charm.

MONDAY, NOV 8 - NAZARÉ & FÁTIMA - BOARD

(B)

Experience a day of touring featuring rich heritage, coastal scenes and stunning countryside enroute to the ship. Visit the seaside village of Nazaré famous for its coastal scenery & big wave surfing. Then visit Fátima, a significant Christian pilgrimage site and the location of the 1917 Marian apparition. Continue north to Porto and board your ship for 7-nights.

Lisbon Optional Extension Includes: 2-Nights Lisbon Hotel, 2-Breakfasts, Lisbon Hotel Transfers, Transfers from Lisbon to Porto, Lisbon City Tour, Fátima & Nazaré Visits, and Tour Director.

Notes: Lisbon Extension must be booked at time of deposit. Due to group air policies outbound air could be different schedule than the group for Lisbon extension passengers. Based on 20 passenger minimum.



Lamego



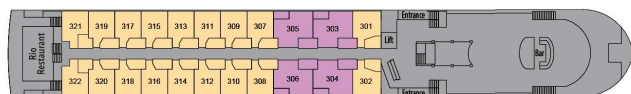
Mateus Palace Gardens



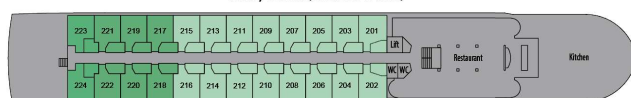
Douro Vineyards

MS RIVIERA ROSE DECK PLAN

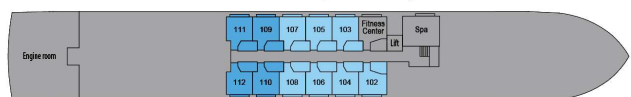
Diamond Deck (Upper Deck)



Ruby Deck (Middle Deck)



Emerald Deck (Lower Deck)



THE DECKS - MS RIVIERA ROSE

Open Air Sun Deck (not shown) - Small Pool . Lounge Chairs

Diamond Deck (Upper) - Bar/Lounge . Reception . Sky Lounge . Category A & Suites

Ruby Deck (Middle) - Main Restaurant . Rest rooms . Category C & B

Emerald Deck (Lower) - Spa . Fitness Center . Category E & D

THE SHIP - MS RIVIERA ROSE

Cruise the Douro River on the beautifully crafted MS Riviera Rose, a luxurious boutique hotel and the perfect place to unwind between onshore adventures. This state-of-the-art ship launched in 2025 and provides a first-class experience to each and every guest with cabins and amenities on four decks. Whether you are relaxing on the Sun Deck, enjoying a drink with your fellow travellers in the bar or curling up for a good night's sleep in your spacious cabin, everything has been meticulously designed for your comfort. The Sun Deck has a small pool, lounge chairs and great scenery. The Diamond Deck (Upper) features the bar/lounge & the Rio Restaurant specialty restaurant while the Main Restaurant is on the Ruby Deck (Middle). The fitness center & spa are located on the Emerald Deck (Lower). The ship has a small elevator that travels between the Upper, Middle & Lower Decks.

ALL MEALS & DRINKS PACKAGE* INCLUDED ONBOARD

The Main Restaurant is open for breakfast buffet, lunch and a la carte dinner. The Rio Restaurant is a specialty restaurant for lunch & dinner and allows for more informal and intimate dining experience. The Rio Restaurant is located at the rear of the Diamond Deck and features seating for around 26-30 guests. *The Superior Drinks Package includes four Wines, Beer, Soft Drinks, Mineral Water, Coffee and Tea during lunch. From 6 pm to midnight, the above Drinks are included plus House Spirits, cocktail of the day, Port/Brandy & a special recommended wine with dinner.

COMFORTABLE & MODERN STATEROOMS

All staterooms offer river views and are bright & modern, and give you a little space of your own with the amenities and pleasant touches of a hotel. Staterooms are on three Decks - Upper, Middle & Lower. Staterooms feature TV, phone, private bathroom with shower, Nespresso machine, safe, mini-fridge, climate control, European Type C plugs & Wi-Fi.

SHIP TECHNICAL DATA

Inaugural/Built: 2025

Cabins/Suites: 53/4

Length/Width (ft): 262/37.5

Decks/Crew members: 4/38

ACTIVITY LEVEL

Easy **1** **2** **3** **4** Active

Notes - Excursions require moderate walking with some stair climbing possible.
-Hotel/Ship Check in time in Europe typically begins between 3-4 pm.

INCLUSIONS

- Roundtrip Airfare - LAX
- 7 Night Cruise - Outside Cabin aboard the MS Riviera Rose
- 20 Meals (7-B, 6-L, 7-D)
- Superior Drinks Package - During lunch includes Wine (4), Beer, Soft Drinks, Mineral Water, Coffee & Tea
- From 6 pm to midnight- Above Drinks included plus House Spirits, cocktail of the day, Port/Brandy & a special wine at dinner
- Wi-Fi Onboard
- PWD Tour Manager & Ship Staff
- Welcome & Farewell Dinners
- Int'l Air Taxes/Fuel/Port Charges
- Baggage Handling at Ship
- Roundtrip Ship Transfers

HIGHLIGHTS & EXCURSIONS

- 8 Included Excursions
- Porto City Tour
- Quinta da Pacheca Dinner
- Castelo Rodrigo Village
- Salamanca, Spain Walking Tour & Lunch with Flamenco Show
- Quinta da Avesada with Lunch & Wine Tasting
- Lamego Tour
- Mateus Palace Gardens Visit
- *Pick Your Excursion* - Guimarões Tour or Port Wine Tasting
- Plus Onboard Folklore Music Show

RATES

■ Cat E - Main Deck	\$6195 pp dbl*	\$5995 pp dbl with BD**	+\$2200 single
■ Cat D - Main Deck	\$6595 pp dbl*	\$6395 pp dbl with BD**	+\$2200 single
■ Cat C - Middle Deck	\$7195 pp dbl*	\$6995 pp dbl with BD**	+\$2600 single
■ Cat B - Middle Deck	\$7395 pp dbl*	\$7195 pp dbl with BD**	+\$3000 single
■ Cat A - Upper Deck	\$7595 pp dbl*	\$7395 pp dbl with BD**	+\$3000 single
■ Suite - Upper Deck	\$8595 pp dbl*	\$8395 pp dbl with BD**	N/A

*Regular Rate or **Save \$200 per person/\$400 per couple with Booking Discount Rates (BD)

STATEROOMS & SUITES



STATEROOMS (172 sq ft)

Staterooms feature 2 twin beds that can be separated or put together, TV, private bath with shower, hair dryer, closet, phone, desk, chair, safe, climate control & Nespresso machine. Category A, B & C feature French-style Balconies on the Upper & Middle Decks with 172 square feet. Categories D & E have a small fixed window & are on the Lower Deck with 172 square feet. Staterooms have European Type C plug sockets so bring the relevant 2-round pin adapter. (Stateroom size & amenities can vary, Cat A Upper Deck is pictured above)



SUITES W/ BALCONY (Suite 258 sq ft)

Four Suites on the Upper Deck feature a Private Balcony with seating. There's a living space, with a sofa, chair and table as well as a desk and double wardrobe. The Suite also includes climate control, hair dryer, safe, TV, phone & Nespresso machine. The hotel-style bed can be configured as a double or twin, and the Suite also features an ensuite bathroom with a rain shower. Suites have European Type C plug sockets so bring the relevant 2-round pin adapter. (Suite sizes & amenities can vary, Suite Upper Deck is pictured above)

Reservation Form (River Cruise)

Highlights of the Douro with Spain

November 7, 2027

Booking #225057

Contact Information/Mail Reservation Form to:

Wise & Healthy Aging • Attn: Grace Cheng Braun

1527 4th St., 2nd Floor

Santa Monica, CA 90401

310.394.9871, ext 440 or 310.729.5221

trips@wiseandhealthyaging.org

Cabin Category Requested: (All Cabin Categories are on a space available basis)Cat E ☐ Cat D ☐ Cat C ☐ Cat B ☐ Cat A ☐ Suite ☐Enclosed please find a deposit in the amount of \$ _____ (\$600 per person)
to secure reservations for _____ # of people.Premier's Travel Protection Plan (TPP): ☐ Yes, I (we) wish to purchase travel protection (TPP)
(TPP must be purchased with initial deposit) ☐ No, I (we) decline travel protection (TPP)Enclosed please find payment in the amount of \$ _____ (\$575 per person)
to secure the Premier's Travel Protection Plan (TPP).I/we want to purchase the **2 N PRE Lisbon Extension**** (\$899 pp dbl/+\$425 SS) ☐ Yes ☐ No****Please book Pre-Lisbon Ext with initial deposit.****TOTAL PAYMENT \$ _____** Make checks payable to: **Wise & Healthy Aging****DEPARTURE AIRPORT _____ ROOMMATE'S DEPARTURE AIRPORT _____**
see flyer for included group departure airport/departure city, additional charges apply for other airport packages

To avoid change fees, submit Passport names (first/mid/last) exactly as they appear on Passports

Passport Name:First Name(s) _____ Middle Name(s) _____ Last Name(s) _____
Passport does not include middle name(s) ☐DOB (MM/DD/YY) _____ Gender ☐ M ☐ F

Passport #: _____ Exp. Date: (MM/DD/YY) _____

Country of Issuance _____

Street Address _____ ☐ Check if Roommate's address is the same

City _____ State _____ ZIP _____

Email address _____

MobilePhone# _____

Emergency Contact/Tel# _____

Notes or TSA/KTN #: _____

Roommate's Passport Name:First Name(s) _____ Middle Name(s) _____ Last Name(s) _____
Passport does not include middle name(s) ☐DOB (MM/DD/YY) _____ Gender ☐ M ☐ F

Passport #: _____ Exp. Date: (MM/DD/YY) _____

Country of Issuance _____



Cardholder Name (If paying by credit card) _____

Credit Card # _____ Exp Date: _____

CVV# _____ Amount to be charged \$ _____

Credit Card Billing Address: ☐ Check if address is the same as above

Address _____ City _____

State _____ ZIP _____ Tel# _____

Sign _____ Date _____

SIGNATURE REQUIRED (for credit card use & acceptance of terms*)**I (We) agree to pay according to the credit card issuer agreement. I understand and accept the cancellation fees/policy and other terms.***DEPOSIT & FINAL PAYMENT**An Initial **Deposit of \$600 per person** is due with Reservation Form to secure reservations. Final Payment Due Date is 90 days prior to departure.***BOOKING DISCOUNT**Make your Final Payment by check prior to the Final Payment Due Date & receive **\$400 per couple/\$200 per person Booking Discount!**
Cruise Only Packages receive \$200 per couple/\$100 per person BD.

- Initial Deposit can be made by check or credit card to be eligible.
- Payments after Initial Deposit are part of Final Payment & must be made by check.

PREMIER'S TRAVEL PROTECTION PLAN (TPP) \$575 per person
(must purchase with Initial Deposit)**Part A – Cancellation Waiver provided by PWD****I. Trip Cancellation Waiver (TCW)** - Guarantees full refund on all payments, except the Trip Cancellation Waiver Fee itself in case of cancellation up to the time and date of departure due to the passenger's personal illness or death of an immediate family member. Medical/official documentation required.**II. Premier "Any Reason" Cancellation Waiver (ARCW)** - Reimburses 75% of the cancellation fees in the form of a future travel credit certificate (FTCC) valid for 1 year, if you cancel more than 48 hours prior to scheduled departure for any reason not eligible for cash refund under the TCW (Part A – I.). FTCC is non-transferable, may not be redeemed for cash and does not include any credit for the Trip Cancellation Waiver Fee. **The Trip Cancellation Waiver Fee must be paid for with Initial Deposit and is refundable until 180 days prior to departure. The Trip Cancellation Waiver does not cover any single supplement charges due to an individual's traveling companion canceling prior to departure.** The Trip Cancellation Waiver is non-transferable and valid for each applicant only. The Trip Cancellation Waiver does not cover any services such as airline tickets not purchased through PWD. Cancellations, Refunds & Inquiries under Part A will be handled by PWD. Certain Exclusions and Restrictions apply.**Part B – Post Departure Travel Protection Plan* provided by USI**

Includes coverage for: Trip Interruption (\$1,000); Trip Delay (\$100/Day-Max \$500); Baggage & Personal Effects (\$2,000); Baggage Delay (\$500); Emergency Accident/Sickness Medical Expense- excess coverage (\$30,000); Emergency Evacuation/Repatriation (\$150,000); Accidental Death & Dismemberment (\$25,000); Non-Insurance and Emergency Travel Assistance Services** (24/7). Claims & Inquiries under Part B will be administered by USI.

For full Part A and Part B plan details visit: premierworlddiscovery.com/TPP
All Benefits described on this page are for general information basis only. There are certain restrictions, exclusions and limitation that apply to all insurance coverages. Plan benefits, limits and provisions may vary by state jurisdiction.**CANCELLATION FEES****Cancellations are subject to the following per person fees;**

- Cancel 180 days prior to departure: \$200 pp is retained
- Cancel 179-90 days prior to departure: Deposit or TPP** is retained
- Cancel 89-60 days prior to departure: 50% of total price
- Cancel 59-30 days prior to departure: 75% of total price
- Cancel 29 days or less prior to departure/no shows: No refunds

****If TPP purchased****RESPONSIBILITY**

World Tours LLC dba Premier World Discovery ("PWD") acts solely as an independent intermediary for travelers, using independent, third-party suppliers to arrange for all travel services and products in connection with your tour, including without limitation, transportation, accommodations, cruises, activities, and other travel products and services. All such services are provided by independent third-party suppliers and are not owned, managed, or controlled by PWD. PWD and its affiliates, owners, employees, and representatives assume no responsibility or liability for any act, omission, delay, change in schedule, event, loss, damage, inconvenience, missed travel product/service, or personal injury resulting from the actions, omissions or negligence of you, or any supplier or third party, or for circumstances beyond PWD's direct control. Your travel is also subject to the terms and conditions of suppliers (e.g., a contract for air transportation), which are between you and the suppliers. PWD and/or its tour director reserves the right, in their sole discretion, for any reason, to decline or require the withdrawal of any participant from a tour or service. All claims or disputes related to travel services or these terms must be resolved in California court under California law. Payment of deposit constitutes acceptance of these conditions. CST #2163560-20

AIR NOTE/SEAT REQUESTS/AIRLINE BAG FEES:

Air Schedules may not be available until Final Trip Documentation is received. Airline baggage fees & seat assignment fees are not included in tour rates. Many airlines do not provide advance seat assignments until check-in at the airport. If specific seat requests or airline choice is extremely important to your reservation, we recommend you book land only and make your own air reservations. Please make this adjustment to land only/own air at time of tour reservation.

****PASSPORT/TRAVEL VISA:** A valid US passport is required for this tour and is the responsibility of each passenger. Passports should be valid for at least six (6) months beyond the travel dates.